Dairy free/Gluten free option

ALLERGEN INFORMATION – Summer Term 2026

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
HM Penne Pasta Arrabiata (gf)	x													
HM Fruit Crumble with Custard (gf/df)	x						x							
CM Pork Patty (gf/df)	x											x		
Plant Based Veggie Burger (vg)						x								
Apple Coleslaw, Minted New Pots (vg)														
Raspberry Cranachan (gf)	x						x							
CM Roasted Gammon														
Chickpea & Mixed Bean Goulash (gf/df)														
Peaches with Summer Berry Coulis														
Buttermilk Chicken Fillet, bbq sauce (gf)	x						x							
Quorn Nuggets	x						x							
50/50 Rice														
HM Oaty /Muesli (gf/df)	x											x		
DL Fish Fingers (df/gf)	x			x										
Quorn Fishless Fingers (gf)	x													
HM Carrot & Sultana Cake (df/gf)	x		x									x		
Cheddar Ploughmans (df/gf)	x						x							
HM Sultana Shortbread (df/gf)	x											x		
CM Beef/Pork Meatballs (df/gf)	x					x						x		
Plant Based Balls (gf/vg)														
Fresh Local Yoghurt							x							
CM Roasted Turkey, S&O stuffing (gf)	x													
Cheddar, Sage & Onion Puff (vg)	x						x							
Crackers & Cheddar (gf/df)	x						x							
CM Sausage Roll (df/gf)	x		x									x		
Caterveg Vegan Sausage Roll	x													
HM Pineapple Upside Down Cake (gf)	x													
Local White Fishcake (gf/df)	x			x										
HM Courgette & Mint Frittata (gf)			x				x							
Mango & Orange Sorbet														
HM Mozzarella, Tom & Basil Pizza (gf/df)	x						x							
Peaches with Honey & Greek Yoghurt							x							
CM Beef/Pork Mince Lentil Bolognaise														
HM Tomato & Lentil Bolognaise														
HM Jam & Coconut Cake (gf/df)	x		x											
CM Roasted Pork, Apple Sauce														
HM Stuffed Potato Skins vg (gf/df)														
CM Sausage Hot Dog (gf/df)	x											x		
Caterveg Vegan Sausage (vg)														
HM Anzak Cookie (vg)	x						x							
Amity Fish Co Deluxe Cod Dog (gf/df)	x			x										
MacCains Veggie Cake	x						x							
Orange Jelly with Mandarins (gf/df)														
Apple Juice														
Baked Beans														
Jacket Potato														
Bread/Pasta (gf/df)	x													
Chips														
Vegetables														
Fruit														
Ketchup														
Gravy (gf/df)														