Dairy free/Gluten free option

ALLERGEN INFORMATION – Spring Term 2026

Dish	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
HM Pesto Pasta (gf/df)	x													
HM Blueberry Muffin Slice (gf)	x		x											
CM Pork & Apple Burger (gf/df)	x											x		
HM Sweet Potato Burger (vg)														
Carrot & Sultana Salad (vg)												x		
HM Date & Chocolate Cookie (gf)	x											x		
CM Roasted Pork														
HM Spiced Lentil Dhal (gf/df)														
Vanilla Ice Cream (gf)							x							
Sweet & Sour Chicken									x					
Veggie Sweet & Sour									x					
50/50 Rice														
HM Seedy Flapjack (/gf)	x													
Local Fish Fingers (df/gf)	x			x										
Vegan Veggie Pasty (gf)	x													
HM Choc & Beetroot Brownie (df/gf)	x		x											
HM Cheddar & Broc Bake (df/gf)	x						x							
HM Fruit Shortbread (df/gf)	x											x		
Baked Chicken Goujons (df/gf)	x								x					
HM Sweet Potato wraps (gf/vg)	x													
HM Custard Biscuits	x						x							
CM Roasted Beef														
Homity stuffed Yorkie (gf/df)	x		x				x							
Fresh Fruit Platter														
CM Sausage Roll (df/gf)	x		x			x								
Caterveg Vegan Sausage Roll	x													
HM Spiced Apple Cake (gf)	x		x											
Amity Fish Co. Cod Dog (gf/df)	x			x										
Quorn Vegan Fishless Finger	x													
Fresh Local Yoghurt							x							
HM Pizza Margarita (gf/df)	x						x							
HM Lemon Sponge	x		x											
HM Tuna, Corn, Tomato Pasta Bake	x			x										
HM Roasted Veg & Tomato Pasta														
HM Sammy's Winter Cake (gf)	x		x											
CM Roasted Gammon														
HM Cheese & Pineapple Muffin (gf/df)	x						x							
CM Sausage Toad in the Hole (gf/df)	x		x									x		
Vegan Sausage Roll														
HM Chocolate Concrete	x													
Local WhiteFish Cake (gf/df)	x			x										
MacCains Veggie Cake	x													
HM Iced Sliced Sponge (gf/df)	x			x										
Crackers	x													
Baked Beans														
Jacket Potato														
Bread (gf/df)	x													
Chips														
Vegetables														
Fruit														
Ketchup														
Gravy (gf/df)														
Pasta (gf/df)														