

**The Government guidance on infection control in schools  
outlines the minimum required absence from school  
However, pupils should not return until they feel completely well**

<b>Infection or Complaint</b>	<b>NHS recommended period to be kept away from school</b>	<b>Comments</b>
Conjunctivitis	None	
Diarrhoea and/or vomiting	48 hours from last episode of diarrhoea or vomiting	
Flu (influenza)	Until recovered	
Glandular fever	None	
Head lice	None	Treatment is advised
Influenza	See 'Flu	
Mumps	Exclude child for five days after onset of swelling Inform your GP	Preventable by vaccination (MMR x 2 doses)
Threadworms	None	Treatment is recommended for the child and household contacts
Tonsillitis	None	There are many causes, but most cases are due to viruses and do not require antibiotics
Hand, foot and mouth	None	Treatment is recommended
Chickenpox	Until all vesicles have crusted over	
Cold sores, (Herpes simplex)	None	Avoid kissing and contact with the sores. Cold sores are generally mild and self-limiting
German measles (rubella)	Four days from onset of rash Inform your GP	Preventable by immunisation (MMR x2 doses)
Hand, foot and mouth	None	
Impetigo	Until lesions are crusted and healed, or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period
Measles	Four days from onset of rash Inform your GP	Preventable by vaccination (MMR x2 doses)
Ringworm	Exclusion not usually required	Treatment is required
Scabies	Child can return after first treatment	Household and close contacts require treatment
Scarlet fever	Child can return 24 hours after starting appropriate antibiotic treatment	Antibiotic treatment is recommended for the affected child
Slapped cheek	None	This disease is only infectious before the rash develops
Shingles	Exclude only if rash is weeping and cannot be covered	Can cause chickenpox in those who are not immune, ie have not had chickenpox. It is spread by very close contact and touch
Warts and verrucae	None	Verrucae should be covered in swimming pools, gymnasiums and changing rooms
Whooping Cough (pertussis)	Five days from starting antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment Preventable by vaccination.	After treatment, non-infectious coughing may continue for many weeks
Vomiting	See diarrhoea and vomiting	

**Please leave a message on the school's absence line before 9am on each day of absence**